1. Formula: $\operatorname{ex}(F, n)=\left\lfloor n^{2} / 4\right\rfloor$.

Justification: Since $K_{3}$ is a subgraph of $F$, we have $\left\lfloor n^{2} / 4\right\rfloor=$ $\operatorname{ex}\left(K_{3}, n\right) \leq \operatorname{ex}(F, n)$. To prove that $\operatorname{ex}(F, n) \leq\left\lfloor n^{2} / 4\right\rfloor$, consider an arbitrary graph with $n$ vertices and $m$ edges that does not contain $F$ as a subgraph: we shall prove that $m \leq\left\lfloor n^{2} / 4\right\rfloor$. If $F$ contains no triangle, then $m \leq \operatorname{ex}\left(K_{3}, n\right)=\left\lfloor n^{2} / 4\right\rfloor$ and we are done. If $F$ does contain a triangle, then let $T$ denote the set of its three vertices and let $k$ denote the number of edges of $G$ that have neither endpoint in $T$. Since $G$ contains no $F$, no edges of $G$ have exactly one endpoint in $T$, and so $m \leq 3+k$. To prove that $3+k \leq\left\lfloor n^{2} / 4\right\rfloor$, let us use induction on $n$. If $4 \leq n \leq 6$ (induction basis), then observe that $3+k \leq 3+\binom{n-3}{2} \leq\left\lfloor n^{2} / 4\right\rfloor$. If $n \geq 7$ (induction step), then observe that $k \leq\left\lfloor(n-3)^{2} / 4\right\rfloor$ by the induction hypothesis and that $3+\left\lfloor(n-3)^{2} / 4\right\rfloor \leq\left\lfloor n^{2} / 4\right\rfloor$.
2. Formula: $\operatorname{ex}\left(C_{n}, n\right)=\binom{n-1}{2}+1$.

Justification: Since the graph with $n$ vertices that that consists of $K_{n-1}$ and an additional edge contains no $C_{n}$, we have $\binom{n-1}{2}+$ $1 \leq \operatorname{ex}\left(C_{n}, n\right)$. To prove that $\operatorname{ex}\left(C_{n}, n\right) \leq\binom{ n-1}{2}+1$, consider an arbitrary graph with $n$ vertices and $m$ edges that contains no $C_{n}$. By Theorem 11.3 in the book, there is an integer $k$ with $1 \leq k<n / 2$ such that $m \leq\binom{ n-k}{2}+k^{2}$. It remains to be shown that $\binom{n-k}{2}+k^{2} \leq\binom{ n-1}{2}+1$ whenever $k$ is an integer such that $1 \leq$ $k<n / 2$. For this purpose, set $f(x)=(n-x)(n-x-1) / 2+x^{2}$. We aim to prove that $f(k) \leq f(1)$ for all integers $k$ such that $1 \leq k<n / 2$. To simplify the requisite computations, let us prove a stronger statement: $f(x) \leq f(1)$ for all real numbers $x$ such that $1 \leq x \leq n / 2$. Since $f^{\prime \prime}(x)=3 / 2$ for all $x$, function $f$ is convex, and so its maximum in an arbitrary interval is attained
at a boundary of this interval. This observation reduces our task to proving that $f(n / 2) \leq f(1)$, which reads $n / 4 \leq n^{2} / 8+1$; obviously, the last inequality holds whenever $n \geq 2$.
$\operatorname{ex}\left(K_{r}, n\right)$
2.

$$
\sum_{i=1}^{n}\binom{i}{k}=\binom{n+1}{k+1}
$$

The left-hand side counts $(k+1)$-point subsets $S$ of $\{1,2, \ldots n+$ $1\}$ as follows: First choose the largest element $i+1$ of $S$ and then choose the $k$-point set $S \cap\{1,2, \ldots i\}$.

